



FAMILY

# PREPARING YOU AND YOUR CHILD FOR TRANSITION TO SECONDARY SCHOOL

The Transition to secondary school is a huge step for both child and parent and can be the source of much anxiety for all. Helping your child to prepare for this transition can alleviate anxiety and stress and allow them to feel ready and excited for this new step. When the child is prepared, the parent too can feel more confident.

Join us for this parents workshop which aims to give you the skills and confidence to help your child through this time.

- **Start Date:** Thursday 27th January 2022
- **Time:** 19.30 - 21.00
- **Location:** Marcus Street, Newry OR Online over zoom, TBD

[bolstercommunity.org](https://bolstercommunity.org)



To register your interest, contact Justina on 028 3083 5764 or email [trainingsupport@bolstercommunity.org](mailto:trainingsupport@bolstercommunity.org)

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